



What to do in a children's dental emergency?

Dental emergencies can be stressful, however the most important thing is to remember not to panic.

If a child experiences any loss of consciousness, please visit your local hospital emergency department immediately.

In a children's dental emergency, timing is very important. If your child experiences a dental emergency follow these steps, and book in with your paediatric dentist as soon as possible.

In the meantime, stick to a soft diet and manage any pain with Panadol or Nurofen.



KNOCKED OUT TOOTH

▶ You must **ACT QUICKLY**. It is essential that the tooth be placed back in the socket within 20 minutes of the accident.

- ▶ Take the knocked out tooth and hold the tooth by the crown. Do not touch the root.
- ▶ Rinse briefly under water and immediately place the tooth back in its original place, despite any bleeding. Gently hold the tooth in place.
- ▶ To keep the tooth in place, close the mouth with a piece of gauze, clean cloth or napkin between the upper and lower teeth.
- ▶ It doesn't matter if the tooth is the wrong way or not aligned, it just needs to be back in the socket to ensure a better outcome.
- ▶ If the tooth cannot be placed back immediately, it needs to be kept moist by submerging it in milk or saliva (parent or child's). Bring the submerged tooth to the dentist.
- ▶ Call and visit us immediately.



LOOSENED TEETH/OR TEETH HAVE MOVED

▶ This is an emergency and needs immediate care by a dentist as soon as possible.

- ▶ Try to move the teeth gently to their original position.
- ▶ Close the mouth with a piece of gauze, clean cloth or napkin between the upper and lower teeth.
- ▶ Call and visit us immediately.



BROKEN/FRACTURED TOOTH

▶ This is not an emergency but definitely needs treatment within 24 hours.

- ▶ Try to find the broken piece and store it in water or milk (do not keep it dry).
- ▶ Call us and book in the earliest possible appointment.



BABY TOOTH TRAUMA

- ▶ If a baby tooth is knocked out or broken do not try and put it back in the socket
- ▶ Submerge the tooth or tooth fragment in milk and bring it with you to your appointment.

▶ Call us and book in the earliest possible appointment with a paediatric dentist.

It is important to always attend follow-up appointments to monitor the teeth, as well as maintaining good oral hygiene. Gently brush the injured tooth or use a moist cotton swab to keep the injured site clean.